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**JIS Q 45100** : 2018

(JISHA/JSA)

**Occupational health and safety  
management systems—  
Requirements with guidance for  
use—Additional requirements for  
health and safety activities**

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## **Foreword**

This Japanese Industrial Standard has been established by the Minister of Health, Labour and Welfare through deliberations at the Japanese Industrial Standards Committee according to the proposal for establishment of Japanese Industrial Standard submitted by Japan Industrial Safety and Health Association (JISHA)/Japanese Standards Association (JSA) with the draft being attached, based on the provision of Article 12 Clause 1 of the Industrial Standardization Law.

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# Occupational health and safety management systems—Requirements with guidance for use—Additional requirements for health and safety activities

## Introduction

*Laws related to occupational health and safety as well as health and safety standards vary depending on the country. In this context, ISO 45001:2018 has been designed to be flexibly applied in accordance with the situation in each country.*

*Therefore, the requirements of JIS Q 45001:2018, an identical standard to ISO 45001:2018, do not explicitly include health and safety activities that are required under the “Guidelines on Occupational Health and Safety Management System” by the Ministry of Health, Labour and Welfare (MHLW) of Japan.*

*This Standard aims to conform with the domestic laws of Japan while also incorporating specific safety and health activities that have been implemented by many Japanese corporations and the safety and health management system in Japan, and to create, through combination with JIS Q 45001:2018, an effective occupational health and safety management system that can prevent occupational accidents among workers while maintaining workers’ health.*

*Annex A of JIS Q 45001:2018 provides a guide for interpreting the requirements in this Standard.*

*The following expressions are used in this Standard:*

- a) *“shall” indicates a requirement;*
- b) *“may,” “can,” and “could” indicate possibilities or capabilities.*

*This Standard incorporates the requirements of JIS Q 45001:2018 and adds requirements and notes for specific health and safety activities as well as health and safety managements of Japanese corporations and bodies. These additional items are shown in boldfaced italics.*

## 1 Scope

*This Standard seeks to further improve occupational health and safety (OH&S) standards by adding more specific and detailed requirements for health and safety activities by organizations to the requirements set forth by JIS Q 45001:2018.*

## 2 Normative reference

*The following standard contains provisions which, through reference in this text, constitute provisions of this Standard. For standards indicated below, only the editions of the indicated year shall be applied and any revisions (including amendments) made thereafter shall not be applied.*